## 1-Day Urban Rifle

(AR-15 Course)

This is a comprehensive 1-day rifle class that focuses on using a rifle at pistol ranges (since that's where most fights occur).

Lecture topics include legal considerations, terminal ballistics, mental conditioning, gear selection, etc. Live fire drills include sling usage, modern stance/platform options, shooting on the move, loading and reloading, clearing malfunctions, team drills and shooting from a variety of body positions. There is a morning lecture but don't worry because you'll still get about 6 hours on the range!

Things you can do to make your training experience better:

- 1) Read "Principles of Personal Defense" by Jeff Cooper prior to attending class.
- 2) Arrive early at 8:45am class starts at 9am. The lecture and live-fire will be conducted at 14135 Doc McKinley Ave in the Butte, outside of Palmer, AK. Call with any questions (907) 745-7700 or (907) 354-5944.
- 3) Bring an Open Mind.

Items required and/or recommended for class:

- Quality semi-auto AR-15 rifle/pistol with at least 2 magazines (3 to 5 magazines recommended). Other types of rifles may be used; contact us to coordinate what you'll need.
- 300-400 rounds (more if you like to shoot a lot) of quality, 1st run, brass cased ammunition. Reloads may be allowed on a case-by-case basis.
- Quality sling is required but the type is up to you. (2 point sling highly recommended)
- Quality magazine pouch OR chest rig or plate carrier (OR just use pants pockets)
- Quality back-up sights; Red Dots are great or LPVO's (low power variable optics) but no fixed power scopes. Contact us with any questions
- Hearing protection (electronic hearing protection is recommended)
- Eye protection
- Water bottle and snacks
- Lunch is provided us
- Rain Gear, Hat and sunblock
- Knee pads (optional)
- Bug spray
- Pen and paper
- Firearms cleaning and lubrication products